

Riverside Community Sailing Program Summer 2024		#	Session	Level (Circle Choices)	Cost
<i>Class Registration for youth aged 10 to 17.</i> The cost per student is \$125 for each class. Classes are from 9 am to 1 pm, Mon. through Fri. Send Payment and Form to: RCSP c/o Linda Lawyer, 5690 Old Ranch Rd, Riverside CA 92504 ****SEE TIPS & RULES ON OUR WEBSITE**** * Swim Certification required FOR NEW STUDENTS		1	June 10-14	Beginning	\$125
		2	June 17-21	Beginning	\$125
		3	June 24-28	Intermediate	\$125
			July 1-5	No Class	~~~~
		4	July 8-12	Beginning	\$125
		5	July 15-19	Beginning	\$125
		6	July 22-26	Intermediate	\$125
	July 22-August 2	Advanced	\$125		
		Receipt & Information by Email		Total	\$
Date _____ Lifeguard _____		You may register for more than one class			

Name _____

Birth Date _____ Age as of class date _____ Height _____ Weight _____ Girl / Boy _____

Emergency Contact (during class) _____ Phone _____

Parent/Guardian Name _____ Phone _____

Email address of Parent/Guardian – (for class confirmation & follow up) _____

Address _____ City/Zip _____

MEDICAL TREATMENT RELEASE - In case of emergency involving my child, I understand every effort will be made to contact me. In the event I cannot be reached, I hereby give my permission to the medical provider selected by the adult leader in charge to secure proper treatment, including hospitalization, anesthesia, surgery, or injections of medications for my child. Medical providers are authorized to disclose to the adult in charge examination findings, test results, and treatment provided for purposes of medical evaluation of the participant, follow-up and communication with the participant’s parents or guardian, and/or determination of the participant’s ability to continue in the program activities.

Signature Parent/Guardian _____

Hold Harmless and Assumption of Risk Release Form - Injuries to participants in small craft programs may occur from risks inherent in the sport or activity; from placing stress on the body that it has not been prepared for; from accidents in learning or practicing techniques; from failing to follow training, safety or racing rules; from use of transportation to and from regattas, races, and other events, and from administration of first aid. For example, I might slip and fall; I might be struck by part of a boat; my boat might capsize or I might be thrown overboard into the cold water; I may hit another boat or run into an obstruction or onto the shore, and the collision may injure me. The severity of the injury can range from minor cuts, scrapes, or muscle strains to catastrophic injury such as paralysis or even death. I will be exposed to the weather, including rain, wind, cold, and sun. I might become ill through chill or suffer sunburn and heat exhaustion. In order to avoid injuries, I will obey the directions of my instructors and will follow all the safety rules. I will tell my instructor about any limitations or medical restrictions on my participation.

Student Signature _____ **Date** _____

BY SIGNING THIS DOCUMENT, YOU ARE GIVING UP YOUR RIGHT TO SUE ____ I understand that I am in no way required to participate in the above-named activity and that my participation is voluntary. ____ I understand that I must sign this release of liability if I would like to participate in the above-named activity. ____ I understand that the City of Riverside is permitted by law to require me to sign this release of liability before permitting me to participate in the above-named activity. I understand that by signing this document I am forever agreeing to indemnify and hold the Riverside Community Sailing Program, City of Riverside and its employees, officers, managers, agents, and council members harmless from all liability, loss or damage caused by or arising from their negligence, or those of others, including myself. I understand that I am agreeing to forever release from liability the Riverside Community Sailing Program, City of Riverside and its employees, officers, managers, agents, and council members and further agree to give up my right to sue them for all property damage, personal injury or wrongful death resulting from their negligence, my own negligence, or the negligence of others. My signature on this document will also prevent my heirs, assigns, representatives, legal guardians, or any person who may sue on my behalf, from suing as well. I understand that by participating in this activity, there are risks of physical injury to my person or property, as well as risks due to the negligent conduct of the Riverside Community Sailing Program, City of Riverside, and its employees, myself, or others, involved with the above-named activity. By voluntarily participating in the above-mentioned activity, I understand the risks of injury to my person and property and am assuming the risk of such. Refunds will not be granted. Fees, times, and dates of all programs are subject to change. Please be advised that all participants involved in any department programs or special events are subject to being photographed. Such photographs may be used by the Riverside Community Sailing Program and City of Riverside without an obligation to provide compensation to those photographed.

By signing below, I acknowledge and declare that I understand the legal consequences of this release.

Signature Parent/Guardian _____ **Signature Date** _____

Parent/Guardian: I declare under penalty of perjury that I am the parent/guardian of the minor. I have authority to enter into this agreement on behalf of the minor. I agree to be bound by its terms [if participant is a minor].



2024 SummersCool Camp GUIDELINES & RULES



Ahoy! Welcome to the Riverside Community Sailing Program!

'The primary function of our program is to teach introductory sailing skills, with emphasis on youths, in a controlled, fun and educational environment, to promote safety and knowledge for a lifetime of boating enjoyment and encourage the highest level of sportsmanship and seamanship in all aspects of sailing.'

- ✓ **SummersCool Camp** is held at the Izaak Walton Building in Fairmount Park, across from the Golf Course.
- ✓ Daily Classes are from 9 am till 1 pm, Monday through Friday for each weekly session.
- ✓ Students must be 10 or older.
- ✓ If a session is cancelled, your fee will be refunded.
- ❖ Our Staff is ready to help you, please don't hesitate to ask any questions or seek help when needed!
 - Instructor: Teaches students in the classroom and on the water.
 - Onshore Coach: Keeps records of students, aids in all aspects of lessons.
 - Boat Manager: Keeps boats in order, helps launch & retrieve them, and overall safety officer.
 - Volunteer Aides: Qualified sailors who help with various aspects of the lessons.

FIRST-TIME STUDENTS MUST pass the SWIM test given by a Lifeguard at

- Bobby Bonds Pool, 2030 University Ave **CHECK THE WEBSITE FOR LIFEGUARD AVAILABILITY.**
- Take the test fully clothed with shoes, jump in, swim 20 feet and climb up the ladder.
- You and the Lifeguard will sign the statement on the Registration Form.

PARENTS, we must have Your signature, the Student's, and the Lifeguard's signatures on the Registration form. Be sure to read all the Rules.

SESSIONS MUST BE TAKEN IN ORDER - students from previous years may start at any level.

1. **Beginning Sailing** - understand the boat, learn sailors' knots, rigging, study wind and weather, sportsmanship, seamanship, and safety. Learn to launch your boat and sail each day.
2. **Intermediate Sailing** review Beginning lessons, learn more skills, rules, and seamanship, sail every day, practice tacking, running, reaching, & right of way, racing contests.

REGISTER

- Fill in and Mail your Registration and Check to:
- **RCSP c/o Linda Lawyer, 5690 Old Ranch Road, Riverside, CA 92504**
- Ms. Lawyer will contact you by email with confirmation.

CLASS NOTES -

- Classes Begin at 9 a.m. Pick up time is 1 p.m. Please be prompt! We start and end on time!
- Parents and family are welcome at any time.
- On Fridays we have a class party – you will get a certificate of completion with class photos!
- Have fun! You will be surprised at your confidence level as you learn to sail on your own!

YOU NEED TO BRING OR WEAR TO CLASS -

- Wear Shoes, NOT flip flops. You need safe footwear to walk on the dock.
- Wear lightweight, light colored comfortable clothing. You'll be in the sun most of the time!
- Bring water, a sun hat, sunscreen, & wear eyewear retainer (croakie) with glasses & sunglasses.
- Be sure to bring a healthy snack for the break at about 10:30 am. We have water available.
- It's OK to bring your phone but it must stay in your backpack during class!

PLEASE NOTE: Due to new rulings from U.S. Sailing and the Riverside Park & Recreation Dept., we have upgraded our SAFETY REQUIREMENTS and RULES. We must be sure of your safety while you are in a boat and on the dock at the lake. Please read and remember!

Parents: Sailing requires a level of agility for safety on the dock and in the boat handling. You must tell the registrar and the instructors about any limitations or medical restrictions on your child's participation. Students with Special Needs may need extra assistance by parents or family members.

SAFETY RULES: Be Respectful and Considerate.

- Sailing requires a high level of agility for safety on the dock and in-boat handling.
- To avoid injuries, you must obey the directions of your instructors and follow all the safety rules.
- You must think of your classmates' safety as well as your own safety.
- Injuries can range from splinters, minor cuts, scrapes, or muscle strains to much more serious harm.
- There are basic risks in sailing that can cause an injury: you could slip and fall; you might be struck by part of a boat or mast; your boat may capsize, and you fall into the lake; you may hit another boat or have a collision.
- You will be exposed to heat and sun and could suffer sunburn and heat exhaustion.
- For these reasons you need to be aware! Our Staff will help with questions and problems.

Students must acknowledge these rules when classes start!

- Everyone participates as a Team member as well as being Skipper of their own Sabot.
 - There is absolutely NO RUNNING.
 - ✓ There is a lot of loose sand and small seeds that make the sidewalk very slippery.
 - Students must wear full-vest life jackets while near the water.
 - Students must protect themselves from UV rays by wearing sunblock, light-colored clothes, and hats.
 - Students must wear closed toe shoes or closed toe sandals.
 - Students must prevent dehydration by drinking plenty of fluids throughout the day.
 - ✓ It is recommended to bring a labeled water bottle.)
 - Students must stay focused and observe traffic from the boathouse to the dock or vice versa.
 - ✓ Taking boats in and out of the water is when the most accidents happen.
 - Students must learn to get in and out of the boat safely and quickly.
 - Students are required to always stay with the group.
 - Students must stay away from the edge of the Lake. Do not wander around or climb the palm trees.
 - Any form of bullying will not be tolerated.
 - When a Student needs to go to the restroom, they may be excused and must be escorted by staff.
- We know that students will follow the rules to continue with the lessons! Sailing is fun, challenging, and amazing too! Kids become more confident in their own boat following directions. We hope that each student will enjoy the class and learn some science, too.

P.S. Lake Evans was created in 1924 and has been a special sailing place ever since.

SummersCool is a very rare program here in the 'desert'.

